

Please fill out the application entirely and legibly. We need all information for insurance purposes.

**Name** \_\_\_\_\_ **Nickname** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

*\*We will need to contact you both by phone & email. Please be sure to give us the best phone number to reach you\**

**Date of Birth** \_\_\_\_\_ **Social Security** \_\_\_\_\_

*\*If you have Medicare, we need you to list your SSN above or provide us with the Medicare card\**

**Spouse's Name** \_\_\_\_\_ **Phone Number** \_\_\_\_\_

**Your Occupation** \_\_\_\_\_ **Retired?** Yes  No

## REVIEW OF SYMPTOMS

### ➔ Please check all that apply

- |  |  |  |  |  |
|--|--|--|--|--|
| <input type="checkbox"/> Foot Pain     | <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Spinal Stenosis   | <input type="checkbox"/> Cancer                            | <input type="checkbox"/> Pinched Nerve                 |
| <input type="checkbox"/> Hand Pain     | <input type="checkbox"/> High Cholesterol        | <input type="checkbox"/> Degenerative Disc | <input type="checkbox"/> Chemotherapy                      | <input type="checkbox"/> Poor Circulation              |
| <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Vascular Problems | <input type="checkbox"/> Arthritis in Hands                | <input type="checkbox"/> Joint Replacement             |
| <input type="checkbox"/> Neck Pain     | <input type="checkbox"/> Pacemaker/Defibrillator | <input type="checkbox"/> Leg Pain          | <input type="checkbox"/> Arthritis in Feet                 | <input type="checkbox"/> Foot Surgery                  |
| <input type="checkbox"/> Foot Numbness | <input type="checkbox"/> Herniated Disc          | <input type="checkbox"/> Plantar Fasciitis | <input type="checkbox"/> Implanted Cord/Bladder Stimulator | <input type="checkbox"/> Poor wound healing            |
| <input type="checkbox"/> Hand Numbness | <input type="checkbox"/> Bulging Disc            | <input type="checkbox"/> Morton's Neuroma  | <input type="checkbox"/> Sciatica                          | <input type="checkbox"/> Excessive thirst or urination |

## PRESENT HEALTH CONDITION

➔ In order of importance, list the health problems you are most interested in getting corrected:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

➔ List approximately how long you have noticed these problems:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

➔ Is there a certain time of day any of these problems are better or worse?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

➔ List the things you have used for these problems:

*Gabapentin Neurontin Lyrica Cymbalta  
Physical Therapy Pain Medications Aleve  
Tylenol Ibuprofen Motrin Chiropractic  
Massage Therapy Injections Creams*

➔ Is your balance/walking ability affected?  
*If yes, please describe:*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

➔ What do you think is causing your problem?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of all doctors you have seen for these problems and treatment you received:

\_\_\_\_\_

➔ **Have your symptoms:**     Improved             Worsened             Stayed the same

List anything that makes your condition worse \_\_\_\_\_

\_\_\_\_\_

List anything that makes your condition better \_\_\_\_\_

\_\_\_\_\_

➔ **How would you describe the symptoms? Please check ALL that apply**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Aching Pain   | <input type="checkbox"/> Numbness            | <input type="checkbox"/> Hot Sensation   | <input type="checkbox"/> Cramping        |
| <input type="checkbox"/> Stabbing Pain | <input type="checkbox"/> Tingling            | <input type="checkbox"/> Throbbing Pain  | <input type="checkbox"/> Swelling        |
| <input type="checkbox"/> Sharp Pain    | <input type="checkbox"/> Pins & Needles Pain | <input type="checkbox"/> Dead Feeling    | <input type="checkbox"/> Burning         |
| <input type="checkbox"/> Tiredness     | <input type="checkbox"/> Heavy Feeling       | <input type="checkbox"/> Cold Hands/Feet | <input type="checkbox"/> Electric Shocks |

➔ **Is this condition interfering with any of the following?**

- |  |                                  |   |
|--|----------------------------------|---|
| <input type="checkbox"/> Sleep                   | <input type="checkbox"/> Work    | <input type="checkbox"/> Daily Activities |
| <input type="checkbox"/> Recreational Activities | <input type="checkbox"/> Walking | <input type="checkbox"/> Standing         |

## SOCIAL HISTORY

**Do you smoke?**                      Yes  No     If yes, how many cigarettes daily? \_\_\_\_\_

**Do you drink?**                      Yes  No     If yes, how many drinks per week? \_\_\_\_\_

**Do you exercise regularly?**    Yes  No     If yes, please describe type & how often: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## CURRENT PAIN LEVELS

➔ **How would you rate your pain in the last week?**

NO PAIN    1    2    3    4    5    6    7    8    9    10    WORST PAIN POSSIBLE

➔ **If you had to accept some level of pain after completion of treatment, what would be an acceptable level?**

NO PAIN    1    2    3    4    5    6    7    8    9    10    WORST PAIN POSSIBLE

PREVIOUS HEALTH HISTORY/HEALTH

This is a confidential record of your medical history and pertinent personal information. The doctor reserves the right to discuss this information with medical and allied health professionals per the informed consent. Copies of this record can only be released by your written authorization, unless you sign here indicating that we can release copies by your verbal request.

**Name** \_\_\_\_\_ **Signature** \_\_\_\_\_

Please give name, address, and office phone number of your primary care physician.

**Name** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Address** \_\_\_\_\_

When were you last seen there?

\_\_\_\_\_

May we send them updates on your treatment/condition? Yes  No

List ALL allergies/sensitivities to medication, food, and other items here:

<i>Item you react to:</i>	<i>Reaction:</i>
_____	_____
_____	_____
_____	_____
_____	_____

List the prescription drugs you are currently taking (or you may attach a list):

<i>Name</i>	<i>Dose (mg or IU)</i>	<i>Times Daily</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

List all nutritional supplements (vitamins, herbs, homeopathics, etc.) as above:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



## Trust Your Gut Wellness Evaluation

In medicine today, leaky gut aka intestinal permeability, isn't typically diagnosed. However that doesn't mean it's not affecting your health. Many health issues related to LGS go undiagnosed, misdiagnosed, or are ignored by traditional medicine. Please take the quiz to help our doctors evaluate how we can help your condition and any underlying triggering limiting your health in process

### Let's get started.

Please circle any that apply to you prior to taking the quiz below:

#### Sub-Clinical symptoms including:

Headaches and migraines

#### Hormone imbalance including:

PMS

Emotional imbalance

#### Gastrointestinal issues including:

Abdominal bloating and cramps or painful gas

Irritable Bowel Syndrome

Ulcerative Colitis

Crohn's Disease and other intestinal disorders

#### Respiratory Conditions including:

Chronic sinusitis

Asthma

Allergies

#### Autoimmune Conditions including:

Diabetes Mellitus

Lupus

Rheumatoid Arthritis

Fibromyalgia

Chronic Fatigue

#### Developmental and social concerns including:

Austism

ADD/ADHD

#### Skin Conditions: (urticaria)

Eczema

Skin rashes

Hives

Please complete our TYG wellness quiz. While there's more to it than a single quiz, the answers below can give you a good idea of how happy your gut really is. Circle the number that most closely fits, then add up your results.

TYG Wellness Questionnaire									
	None	Mild	Moderate	Severe	None	Mild	Moderate	Severe	
Constipation and/or diarrhea	0	1	2	3	Asthma, hayfever, or airborne allergies	0	1	2	3
Abdominal pain or bloating	0	1	2	3	Confusion, poor memory or mood swings	0	1	2	3
Mucous or blood in stool	0	1	2	3	Use of NSAIDS (Aspirin, Tylenol, Motrin)	0	1	2	3
Joint pain or swelling, arthritis	0	1	2	3	History of antibiotic use	0	1	2	3
Chronic or frequent fatigue or tiredness	0	1	2	3	Alcohol consumption makes you feel sick	0	1	2	3
Food allergies, sensitivities or intolerance	0	1	2	3	Ulcerative colitis or celiac's disease	0	1	2	3
Sinus or nasal congestion	0	1	2	3	Nausea	0	1	2	3
Chronic or frequent inflammations	0	1	2	3	Weight Trouble	0	1	2	3
Eczema, skin rashes or hives (urticaria)	0	1	2	3					

**YOUR TOTAL:** \_\_\_\_\_

## ➔ PRACTICE INFORMATION HERE

Patient Quality Of Life Survey

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Please take several minutes to answer these questions so we can help you get better.  
(Please circle as many that apply)*

- 1** How have you taken care of your health in the past?
  - a. Medications
  - b. Emergency Room
  - c. Routine Medical
  - d. Exercise
  - e. Nutrition/Diet
  - f. Holistic Care
  - g. Vitamins
  - h. Chiropractic
  - i. Other (please specify): \_\_\_\_\_
  
- 2** How did the previous method(s) work out for you?
  - a. Bad results
  - b. Some results
  - c. Great results
  - d. Nothing changed
  - e. Did not get worse
  - f. Did not work very long
  - g. Still trying
  - h. Confused
  
- 3** How have others been affected by your health condition?
  - a. No one is affected
  - b. Haven't noticed any problem
  - c. They tell me to do something
  - d. People avoid me
  
- 4** What are you afraid this might be (or beginning) to affect (or will affect)?
  - a. Job
  - b. Kids
  - c. Future ability
  - d. Marriage
  - e. Self-esteem
  - f. Sleep
  - g. Time
  - h. Finances
  - i. Freedom

- 5 Are there health conditions you are afraid this might turn into?
  - a. Family health problems
  - b. Heart disease
  - c. Cancer
  - d. Diabetes
  - e. Arthritis
  - f. Fibromyalgia
  - g. Depression
  - h. Chronic Fatigue
  - i. Need surgery

➔ How has your health condition affected your job, relationships, finances, family, or other activities? Please give examples:

---

---

---

---

➔ What has that cost you? (time, money, happiness, freedom, sleep, promotion, etc.) Give 3 examples:

---

---

---

---

➔ What are you most concerned with regarding your problem?

---

---

➔ Where do you picture yourself being in the next 1-3 years if this problem is not taken care of? Please be specific

---

---

---

---

➔ What would be different/better without this problem? Please be specific

---

---

➔ What do you desire most to get from working with us?

---

---

➔ What would that mean to you?

---

---

## NAPLES HEALTH INSTITUTE NOTICE OF PRIVACY PRACTICE

This office is required to notify you in writing, that by law, we must maintain the privacy and confidentiality of your **Personal Health Information**. In addition we must provide you with written notice concerning your rights to gain access to your health information, and the potential circumstances under which, by law, or as **dictated by our office policy**, we are permitted to disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances. If you would like a more detailed explanation, one will be provided to you. In addition, you will find we have placed several copies in report folders labeled '**HIPAA**' on tables in the reception. Once you have read this notice, please sign the last page, and return only the signature page (page 2) to our front desk receptionist. Keep this page for your records.

### PERMITTED DISCLOSURES:

1. Treatment purposes - discussion with other health care providers involved in your care.
2. Inadvertent disclosures - open treating area mean open discussion. If you need to speak privately to the doctor, please let our staff know so we can place you in a private consultation room.
3. For payment purposes - to obtain payment from your insurance company or any other collateral source.
4. For workers compensation purposes - to process a claim or aid in investigation.
5. Emergency - in the event of a medical emergency we may notify a family member.
6. For Public health and safety - in order to prevent or lessen a serious or eminent threat to the health or safety of a person or general public.
7. To Government agencies or Law enforcement - to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefits purposes.
9. Deceased persons - discussion with coroners and medical examiners in the event of a patient's death.
10. Telephone calls or emails and appointment reminders - **we may call your home and leave messages** regarding a missed appointment or apprise you of changes in practice hours or upcoming events.
11. Change of ownership- in the event this practice is sold, the new owners would have access to your PHI.

### YOUR RIGHTS:

1. To receive an accounting of disclosures.
2. To receive a paper copy of the comprehensive "Detail" Privacy Notice.
3. To request mailings to an address different than residence.
4. To request Restrictions on certain uses and disclosures and with whom we release information to, although we are not required to comply. If, however, we agree, the restriction will be in place until written notice of your intent to remove the restriction.
5. To inspect your records and receive one copy of your records at no charge, with notice in advance.
6. To request amendments to information. However, like restrictions, we are not required to agree to them.
7. To obtain **one copy** of your records at no charge, when timely notice is provided (72 hours). **X-rays** are original records and you are therefore not entitled to them. If you would like us to outsource them to an imaging center, to have copies made, we will be happy to accommodate you. However, you will be responsible for this cost.

### COMPLAINTS:

If you wish to make a formal complaint about how we handle your health information, please call Dr. Dan Taylor (239-231-2136). If he is unavailable, you may make an appointment with our receptionist to see him within 72 hours or 3 working days. If you are still not satisfied with the manner in which this office handles your complaint, you can submit a formal complaint to:

DHHS, Office of Civil Rights  
200 Independence Ave. SW  
Room 509F HHH Building  
Washington DC 20201

## Naples Health Institute

### Informed Consent

**REGARDING:** Examination and Procedure:

I have been advised that all forms of health care hold certain risks. Treatment objectives as well as the risks associated with physical therapy procedures provided at **NAPLES HEALTH INSTITUTE** have been explained to me to my satisfaction and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to the examination process.

\_\_\_\_\_  
Patient Name (print)

\_\_\_\_\_  
Patient or Authorized Person's Signature

\_\_\_/\_\_\_/\_\_\_  
Date



Witness Initials

**REGARDING:** X-rays/Imaging Studies

**FEMALES ONLY:** Please read carefully, check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see our front desk staff for further explanation.

The first day of my last menstrual cycle was on \_\_\_ - \_\_\_ - \_\_\_ (Date)

I have been provided a full explanation of when I am most likely to become pregnant, and to the best of my knowledge, I am not pregnant.

By my signature below, I am acknowledging that the doctor and or a member of the staff has discussed with me the hazardous effects of ionization to an unborn child, and I have conveyed my understanding of the risks associated with exposure to x-rays. After careful consideration, I therefore do hereby consent to have the diagnostic x-ray examination the doctor has deemed necessary in my case.

\_\_\_\_\_  
Patient Name (print)

\_\_\_\_\_  
Patient or Authorized Person's Signature

\_\_\_/\_\_\_/\_\_\_  
Date



Witness Initials



**Medical Information Release Form  
(HIPAA Release Form)**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Release of Information:**

I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

Spouse \_\_\_\_\_

Child(ren) \_\_\_\_\_

Other \_\_\_\_\_

Information is not to be released to anyone.

This **Release of Information** will remain in effect until terminated by me in writing.

**Messages:**

Please call  my home  my work  my mobile number: \_\_\_\_\_

If unable to reach me:

you may leave a detailed message

please leave a message asking me to return your call

\_\_\_\_\_

The best time to reach me is (*day*) \_\_\_\_\_ between (*time*) \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_